

The Sullivan Center for Children

presents

Fall Seminar 2011

# Siblings



## Without Rivalry

This workshop version of the hugely successful book, *Siblings Without Rivalry*, by the authors, Adele Faber and Elaine Mazlish, will help parents learn proven skills to help their children get along. They'll find out how to deal with their children's negative feelings toward each other, how to treat their children unequally and still be fair, how to free their children from harmful roles such as "bully" or "victim," and how to respond helpfully when their children fight. Parents will also learn how to resolve conflicts peacefully and promote a family atmosphere of cooperation rather than competition. Hundreds of thousands of parents and professionals have already benefited from the Siblings Without Rivalry workshop. According to Missouri clinical social worker Barbara Fousek, the Sibling Without Rivalry program is "A double blessing! Group members not only reported much less quarreling and quibbling among their children, but several parents went back to their own families to resolve old rivalries." The next offering of this workshop will be at the following location:

**The Sullivan Center for Children**

**Wednesday Nights (7pm-9pm)**

**November 30; December 7, 14, 21; January 4, 11**

The Seminar workshop will be conducted in six 2-hour sessions that will include worksheets, role plays and group interaction. The cost will be \$25 each session (\$40 per couple) and enrollment will be capped at 20 people to facilitate the learning experience. Fill out the registration on the reverse and send it in early to reserve your spot.

Workshop facilitator: David Wolter, M.Div., M.A., LMFT

# The Sullivan Center for Children

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## Siblings Without Rivalry Registration Form



<b>Name:</b>		<b>Daytime phone:</b>	
<b>Address:</b>		<b>Evening phone:</b>	
<b>City &amp; Zip code:</b>		<b>Email:</b>	
<b>Would you like to receive information on future programs?</b>		<b>YES</b>	<b>NO</b>
<b>How many kids do you have &amp; how old are they?</b>			
<b>How did you hear about our services? (Please circle all that apply)</b>			
Friend/family member	Flyer/brochure	Referred by therapist	
Family Court Services	Website	Other:	
<b>What are the most important issues in your home? (Please circle all that apply)</b>			
Communication	Parent/child relationships	Limit setting	Discipline
Co-parenting	Attitude & defiance	Honesty & respect	Anger & aggression
School performance	Social skills & manners	Sexual development	Teen issues
<p><b>Enrollment and Payment:</b> Everything will be done to accommodate your request and you will be called to inform you of your enrollment in the seminar or your spot on the waiting list. Payment will be expected at the beginning of each session and may be made by cash, check or credit card. Enrollment is on a first-come, first-served basis. Cost is \$25 per session for individuals or \$40 per session for couples.</p>			
<b>Signature:</b>			<b>Date:</b>